

**DOCTORS OF INTERNAL MEDICINE**

**PATIENT CONSENT FORM**  
**FOR LASER AND LIGHT BASED HAIR REDUCTION**

I HEREBY AUTHORIZE DR. \_\_\_\_\_ OR \_\_\_\_\_, UNDER DR. \_\_\_\_\_'S SUPERVISION TO PERFORM LIGHT BASED HAIR REDUCTION ON ME. I UNDERSTAND THAT THIS PROCEDURE WORKS ON THE GROWING HAIRS (ANAGEN) AND NOT ON DORMANT HAIRS. I UNDERSTAND THAT I WILL REQUIRE SEVERAL TREATMENTS TO OBTAIN A SIGNIFICANT, LONG-TERM REDUCTION OF HAIR GROWTH. I UNDERSTAND I MAY EXPERIENCE FEWER, THINNER, LIGHTER, SLOWER RE-GROWTH OF HAIRS, TEMPORARY HAIR LOSS OR PERMANENT HAIR REDUCTION. I UNDERSTAND THAT IT IS ONLY EFFECTIVE ON HAIR WITH COLOR AND DOES NOT TREAT WHITE, GREY, BLOND, OR RED HAIR. I UNDERSTAND THAT GENETICS, HORMONES, MEDICATION AND HAIR COLOR MAY INTERFERE WITH HAIR LOSS AND THAT I MAY NOT RESPOND AT ALL.

THE PROCEDURE MAY RESULT IN THE FOLLOWING ADVERSE EXPERIENCES OR RISKS:

- DISCOMFORT – SOME DISCOMFORT MAY BE EXPERIENCED DURING TREATMENT.
- REDNESS/SWELLING/BRUISING – SHORT TERM REDNESS (ERYTHEMA) OR SWELLING (EDEMA) OF THE TREATED AREA IS COMMON AND MAY OCCUR. THERE ALSO MAY BE SOME BRUISING.
- SKIN COLOR CHANGES – DURING THE HEALING PROCESS, THERE IS A POSSIBILITY THAT THE TREATED AREA MAY BECOME EITHER LIGHTER (HYPOPIGMENTATION) OR DARKER (HYPERPIGMENTATION) IN COLOR COMPARED TO THE SURROUNDING SKIN. THIS IS USUALLY TEMPORARY, BUT, ON A RARE OCCASION, IT MAY BE PERMANENT.
- WOUNDS – TREATMENT CAN RESULT IN BURNING, BLISTERING, OR BLEEDING OF THE TREATED AREAS. IF ANY OF THESE OCCUR, PLEASE CALL OUR OFFICE.
- INFECTION – INFECTION IS A POSSIBILITY WHENEVER THE SKIN SURFACE IS DISRUPTED, ALTHOUGH PROPER WOUND CARE SHOULD PREVENT THIS. IF SIGNS OF INFECTION DEVELOP, SUCH AS PAIN, HEAT, OR SURROUNDING REDNESS, PLEASE CALL OUR OFFICE \_\_ (PHONE NUMBER)\_\_\_\_\_.
- SCARRING – SCARRING IS A RARE OCCURRENCE, BUT IT IS A POSSIBILITY IF THE SKIN SURFACE IS DISRUPTED. TO MINIMIZE THE CHANCES OF SCARRING, IT IS IMPORTANT THAT YOU FOLLOW ALL POST-TREATMENT INSTRUCTIONS PROVIDED BY YOUR HEALTHCARE STAFF.
- PARADOXICAL HAIR GROWTH – STIMULATION OF TERMINAL HAIR GROWTH FOLLOWING PHOTO-EPILATION. CAN OCCUR WITHIN OR ADJACENT TO TREATED AREA.
- EYE EXPOSURE – PROTECTIVE EYEWEAR (SHIELDS) WILL BE PROVIDED TO YOU DURING THE TREATMENT. FAILURE TO WEAR EYE SHIELDS DURING THE ENTIRE TREATMENT MAY CAUSE SEVERE AND PERMANENT EYE DAMAGE.

I ACKNOWLEDGE THE FOLLOWING POINTS HAVE BEEN DISCUSSED WITH ME:

- POTENTIAL BENEFITS OF THE PROPOSED PROCEDURE, INCLUDING THE POSSIBILITY THAT THE PROCEDURE MAY NOT WORK FOR ME
- ALTERNATIVE TREATMENTS SUCH AS ELECTROLYSIS, WAXING, PLUCKING AND DEPILATORIES
- REASONABLY ANTICIPATED HEALTH CONSEQUENCES IF THE PROCEDURE IS NOT PERFORMED
- POSSIBLE COMPLICATIONS/RISKS INVOLVED WITH THE PROPOSED PROCEDURE AND SUBSEQUENT HEALING PERIOD

FOR WOMEN OF CHILDBEARING AGE: BY SIGNING BELOW I CONFIRM THAT I AM NOT PREGNANT AND DO NOT INTEND TO BECOME PREGNANT ANYTIME DURING THE COURSE OF TREATMENT. FURTHERMORE, I AGREE TO KEEP DR. \_\_\_\_\_ AND STAFF INFORMED SHOULD I BECOME PREGNANT DURING THE COURSE OF TREATMENT.

PHOTOGRAPHIC DOCUMENTATION WILL BE TAKEN. I HEREBY DO \_\_\_ DO NOT \_\_\_ AUTHORIZE THE USE OF MY PHOTOGRAPHS FOR TEACHING PURPOSES.

**ACKNOWLEDGMENT**

**BY MY SIGNATURE BELOW, I ACKNOWLEDGE THAT I HAVE READ AND FULLY UNDERSTAND THE CONTENTS OF THIS INFORMED CONSENT FOR LIGHT BASED HAIR REMOVAL TREATMENT, AND THAT I HAVE HAD ALL MY QUESTIONS ANSWERED TO MY SATISFACTION BY MY HEALTHCARE TEAM.**

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SIGNATURE-PATIENT OR GUARDIAN PRINT NAME/RELATIONSHIP

\_\_\_\_\_  
DATE

\_\_\_\_\_  
SIGNATURE-WITNESS

\_\_\_\_\_  
PRINT NAME

\_\_\_\_\_  
DATE